

ADVERTORIAL

# One Machine Multiple Solutions

A revolutionary RF device promises enhanced delivery and outcomes, as it shapes the body and face.

The EndyMed PRO is a multipurpose workhorse, offering top to toe solutions in a non-surgical manner. Fighting not just dermal laxity, it reduces scars and open pores, battles fine lines and even improves overall skin quality. If that's not enough, the device's body contouring treatments decrease fat cells by up to 60 percent all while reducing appearances of cellulite and stretch marks. The EndyMed PRO truly is a doctor's one-stop shop system and whether patients have facial or bodily complaints, this device offers effective outcomes based on distinctive needs. Aesthetic Physician, Dr. Kenneth Thean explains.



Aesthetic Physician Dr. Kenneth Thean from the Ensoul Medical Clinic

## What is the EndyMed PRO?

The EndyMed PRO is a professional medical aesthetic treatment platform that utilises Radiofrequency (RF) and Vacuum technology. It offers eight different handpieces designed to perform specialised functions in order to treat specific regions of the face and body. It also boasts the groundbreaking, FDA-approved 3DEEP RF technology – six RF sources which generate multiple electrical fields to push energies deeper into the dermis with minimal surface heating.

If patients have requests for dermal tightening and lifting, the PRO heats the epidermis to 42 degrees Celsius and the dermis to 52 to 55 degrees Celsius, resulting in immediate collagen contraction. In the long term, treatments stimulate fibroblasts to produce new collagen and elastin. The EndyMed PRO body contouring heats fat cells to above 45 degrees, affecting in a 60 percent reduction of fat cell viability. Furthermore, patients will experience a thickened dermis, decreased subcutaneous fat and tightening of the skin's septae, which reduces cellulite. Lastly, the system's Intensif RF microneedle and skin resurfacing handpieces add beneficial improvements especially in the reduction of depressed acne and traumatic scars notwithstanding all round tightening and rejuvenation.

## What can patients expect during treatment?

The general RF treatments feel like warm massages and aren't painful. The fractional treatments may require topical anaesthesia as discomfort may be a possibility. Nonetheless, energies can be adjusted to ensure patients' comfort and tolerability. Face procedures take no more than 25 minutes while body contouring requires just 45 minutes. As for the number of sessions needed, I recommend six facial RF treatments, eight body contouring sessions and three microneedling/fractional skin resurfacing procedures for optimal results. While most patients begin seeing positive



changes by the third session, significant outcomes are normally found after six sessions within a two-month period.

Photos courtesy of EndyMed Clinic, Casares, Israel.

## How does EndyMed PRO compare against other competing devices in the market?

EndyMed PRO's body contouring is one of the most effective RF fat reduction treatments available. I'm not a fan of fat freezing body contouring as it's painful, unevenly distributed, does not offer skin tightening and causes occasional bruising and even frostbite. With EndyMed PRO's vacuum technology, I can deliver deeper penetration of its RF energies and offer better results for larger patients. In instances where improved bodily outcomes are expected, I find combinations of High Intensity Focused Ultrasound to be additive and synergistic.

## What are your personal opinions of EndyMed PRO and how have your patients responded to it?

I like the incorporation of its motion, contact and impedance sensors in the non-ablative handpieces. These solutions make treatments more comfortable and safer with lesser risks of arcing and hot spots. Similarly, I get better results and enhanced patient comfort as the 6 RF generator technology delivers deeper heating with reduced surface heat. Their new pulse vacuum technology has proven effective for fat reduction and with the many handpieces available, vast treatment menus can be optimised. For example, the ablative Intensif microneedle handpiece is smoother and more comfortable than other RF needling devices. Moreover, it reaches up to 5.0 mm under skin, enabling effective usage on the body and face. What's more, I'm able to add handpieces as they're developed without having to purchase another machine. Finally, I believe EndyMed PRO to be robust and reliable with good up time. Through the use of six RF sources, it allows specific fine-tuning of power delivery and the use of polarity allows deeper penetration and optimal results.

My patients have responded positively to EndyMed PRO's solutions. Treatments are fast, effective and comfortable and as a doctor, I can say that I'm achieving very good outcomes.

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