



BEAUTY

Top Express Beauty Treatments in Singapore that Take Less than 60 Minutes of Your Time

From luxe facials and teeth whitening to getting gorgeous with eyelash extensions, these express beauty treatments are worthy of your (limited) time

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Busy schedules not allowing enough time to take care of yourself? Between work, managing the house, travel and family, taking time out for your beauty needs may sound like a tall order. Thankfully there are options in Singapore that work for the time poor! From getting your glow on, flashing the cutest smile and batting your lashes like Bambi, these top express beauty treatments in Singapore are worth skimming on your lunch break.



1. PicoLO Laser at IDS Clinic

We love laser facials for their effectiveness; and the quick treatment time makes them even more appealing! If you are seeking an express beauty indulgence that barely takes up any time while helping across a breadth of skin issues, sign up for a PicoLo laser treatment at **IDS Clinic**, pronto. As a next generation picosecond laser, *PicoLo* is designed to treat pigmentation, remove tattoos, and correct scars. It also works wonders for facial rejuvenation and other skin problems!

Instead of using heat, like the previous generation of lasers did, this technology impacts the targeted layer of skin like a shockwave - albeit a painless one. Working on a range of solutions including facial rejuvenation, treatment of fine lines, wrinkles, laxity, sun damage, pigmentation, scars, stretch marks, enlarged pores and plenty more - the laser treatment at IDS Clinic is a handy tool to turn to during your lunch breaks.

Helmed by Dr SK Tan, who has over 30 years of clinical and research experience, IDS Clinic has glowing recommendations and a strong customer following. Kitted out with the latest equipment that is used alone or in combination with other products, the programs at IDS Clinic are designed to deliver quality results. As with any treatment at IDS Clinic, expect a detailed consultation with your doctor on what your skin issues are, with an appropriate (no hard selling here!) and carefully prescribed route to recovery. Based on the severity of the condition and your expectations, your doctor will determine the use of equipment - the PicoLO laser, for instance, will come with lesser or no downtime and pain, whatsoever!

But remember, it doesn't end here. Any laser treatment will require you to keep sun exposure to a minimum and apply a quality sunscreen daily. Your doctor at IDS Clinic will also recommend using a range of effective skincare that helps maintain all the good work done by the laser. **IDS Clinic also sell products** under their own skincare line, that are formulated to deliver maximum efficacy over a range of skincare needs.

A world of problems solved by one laser and in less than an hour - lunch breaks have never been this efficient!

IDS Clinic, 8 Sinaran Drive, #05-09/10, Novena Specialist Center, Singapore 307470. Phone +65 6568 3555

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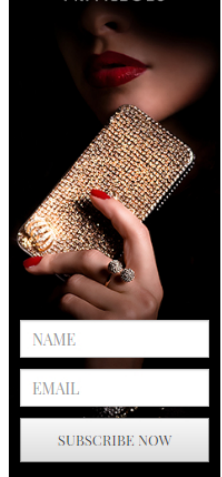


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