



Dr Lam Bee Lan, Founder and Director of Ageless Medical

SONO QUEEN

If your eyes and neck are in need of some quick lifting, tightening and firming that even the best creams can't achieve, head to Ageless Medical at Wheelock Place for a SonoQueen session.

This High Intensity Focused Ultrasound machine (HIFU) reaches deep into the skin, heating targeted tissue to induce collagen regeneration and provide a lifting effect. SonoQueen is ideal for treating fine lines, wrinkles and sagging skin as well as thickening the delicate skin around the eyes, brows, cheeks and jowls.



The Rejuran treatment promises to heal and rejuvenate even the most eczema-plagued skin



FISHY BUSINESS



If you're plagued with eczema around the neck and face, and are tired of using topical steroids that take away the insufferable itch but thin the skin, help is at hand with Rejuran. Derived from salmon DNA, it involves multiple injections to the affected area, which causes temporary weals that subside within 24 hours. The treatment helps to even out the skin tone where darkening happens when you scratch and irritate the skin. It also removes the lines and skin slack caused by dryness and rash outbreaks. In time, your skin will be smoother and more refined.

"Rejuran heals skin. Containing salmon DNA that helps to stimulate the fibroblast in our skin, basic cells will stimulate collagen and hyaluronic acid, helping to heal skin," says Dr Lam Bee Lan

of Ageless Medical. "Once the skin barrier has been restored (this can take up to six months, depending on how damaged your skin is), eczema can be brought under control.

As it's a chronic condition that always comes back, Rejuran accelerates the healing process," she adds. The beauty of this injectable treatment is that it also benefits ageing skin that lacks hydration and suffers from fine lines and wrinkles. It also improves skin elasticity, tone and texture by balancing oil and moisture levels. For best results, complement the treatment with LDM (Local Dynamic Micro Massage) that aids in healing and lifting, as well as yellow and red light therapy to help heal and promote skin rejuvenation.

Rejuran is best done as a series of three to four sessions to see maximum results, spaced three to four weeks apart between treatments.