

Sound Waves That Sculpt

Effective treatments to battle persistent cellulite and fatty tissue.

One of Malaysia's favourite pastimes is eating. Regular snacking or food dates can lead to the piling on of pounds, rounder silhouettes and cellulite accumulation. While diet and exercise may help reduce the likelihood of muffin tops and orange peel-like skin, healthy eating and workouts can only do so much.

Due to cruel factors like ageing, pregnancy, stress and even gender, many patients find stubborn bulges despite the endless salads and salsa classes. Here's where medical body contouring therapies play a role. With systems like the Hi-Puls HP50, patients can undergo quick, painless and effective treatments to battle common indications like persistent cellulite and fatty tissue.

Singaporean Aesthetic Physician, Dr. Chua Cheng Yu writes to us to disclose the mechanics behind this system and reveals why he believes it to be a necessary piece of equipment for any medical practice.



Singaporean Aesthetic Physician, Dr. Chua Cheng Yu from Veritas Medical Aesthetics.

What is the Hi-Puls HP50?

The Hi-Puls HP50 is a device which uses sound waves or acoustic shock waves to provide highly effective facial and bodily treatments. Utilising low frequency waves that create 'controlled explosions' in the skin, emitted energies encourage dermal changes from within to reduce fatty tissues, cellulite and laxed skin. Likewise, the Hi-Puls HP50 also aids in other non-cosmetic therapies including pain management.

How does the Hi-Puls HP50 shape the body and reduce cellulite?

Hi-Puls HP50 is the perfect system to help break up fat cells which are almost ruptured from thermolipolysis and cryolipolysis therapies. In other words, when the Hi-Puls HP50 is used in conjunction with such procedures, fat cell removal isn't just more efficacious; it becomes faster as well. In addition, Hi-Puls HP50 increases the speed of blood circulation to these areas, aiding in quicker flushing of dead fat cells and earlier results. Finally, it has capabilities of breaking down dense fibrotic strands that cause cellulite, and even stimulates collagen under the skin, resulting in immediate and long-term improvements of the skin's 'orange-peel' qualities.



What can patients expect during treatments and how much of an improvement can patients expect?

Hi-Puls HP50's therapies are extremely comfortable and normally take no more than 15 minutes for single areas. The only thing that may be slightly unpleasant however is the loud sounds the machine emits during treatments. Indications like cellulite can be visibly reduced after a single session but at least six treatments are recommended for obvious, long-term results.

What are your personal opinions of the Hi-Puls HP50 and why did you decide to include it in your medical practice?

The Hi-Puls HP50 is a necessary piece of equipment for any medical practice that's serious about efficient and enduring body contouring. It works very well when combined with other body shaping systems like Coolsculpting and Endymed. Based on feedback, my patients are usually satisfied with its immediate outcomes. This not only encourages clients to complement Hi-Puls HP50 with other treatments and supplements but similarly pushes them to continue with healthy diets plans and regular exercise as well.

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