



Face

TRIED & TESTED

# Rejuran Rejuvenates

A SATISFIED TESTER REPORTS ON HER EXPERIENCES  
WITH AN INJECTABLE.



Aesthetic Physician,  
Dr. Lim Ting Song.

About a month ago, I was offered the chance to be featured in your Tried and Tested section. As an aesthetic connoisseur who's unafraid to test and review new treatments, I jumped at the chance. I was scheduled a treatment called Rejuran with aesthetic physician, Dr. Lim Ting Song.

Not wanting to undergo procedures without prior study, I researched the word, 'Rejuran'. As specified by Dr. Google, Rejuran is an injectable made of polydeoxyribonucleotides (PDRN) which boast wound healing and anti-inflammatory properties. Following injection, Rejuran stimulates fibroblasts and vascular endothelial growth factors to heal skin from within. In addition to safety, stability and good biocompatibility, Rejuran restores the extracellular matrix by activating self-regenerating abilities while improving the skin's condition.

I'm not a doctor. I don't have to know what endothelial growth factors or extracellular matrixes are. All I care about is if treatments work. After further study, I found that Rejuran remains a very good healing agent. It's particularly suited to skin which has been injured as a result of UV and internal damage. Rejuran is also recom-

mended to those seeking younger, brighter, glowy skin which feels soft and supple to the touch. As a mature woman with a textured and wrinkled face, these statements piqued my interest. I was excited to try Rejuran just to see if it lived up to such claims.

On treatment day I was asked to take a few 'before' photos. After that Dr. Lim explained how Rejuran worked. He told me that "Rejuran is a rejuvenative treatment. The reason it is highly appropriate for dry, aged or stressed skin is due to its nutritional capacities which stimulate moisture and hydration." Dr. Lim also shared that Rejuran works like Platelet-rich Plasma (PRP) or the Vampire Facial.

Like PRP, Rejuran has abilities of stimulating growth factors which encourage healing, restoration and rejuvenation. Unlike PRP, however, Rejuran remains a pre-made, standardised product. When products are ready-made, it eliminates all inter-individual PRP variabilities including patients' age, individual health levels, and quality of the spin devices. Furthermore, patients will not be required to undergo and experience blood extraction, more pain or increased waiting times.

I've undergone six PRP treatments before. While results were tremendous, I hated the procedure, as processes were terribly painful. In fact, I remember always having to drag my feet to the clinic every time follow-ups were due. After being told Rejuran was akin to PRP, I was very nervous. Would Rejuran be as painful as PRP?

After being invited to Dr. Lim's treatment room, he surprised me by saying that there was no need for topical anaesthesia. I asked one question,

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Photos courtesy of Dr. Lim Ting Song.





Photos courtesy of Dr. Lim Ting Seng

“Will this be painful?” Dr. Lim replied in the negative. He explained that he doesn’t inject Rejuran into superficial layers where the most nerve endings are located. While I didn’t fully understand what that meant, I placed my trust in him.

Within seconds, Dr. Lim painlessly pricked my cheek. He later pushed a cannula under my skin and introduced Rejuran sub-dermally. Unlike other doctors who inject healing agents intradermally, Dr. Lim prefers injecting Rejuran in deeper planes. This is because processes aren’t just more comfortable, but also because these regions suffer the most inflammation, and therefore require optimal healing and restoration. I was told that once Rejuran worked its magic, I could expect visual reductions of fine lines, wrinkles and open pores.

Following the relatively painless ten-minute session, I was told to schedule a follow-up in four weeks. Before letting me go, Dr. Lim shared that downtime was minimal to none. To my complete surprise, he was right. I didn’t experience any pain, bleeding or bruising. As a matter of fact, I even returned to work, despite having already taken leave. It was very different with PRP, as those treatments always left me with swollen, painful welts.

Thirty days later I returned to Dr. Lim’s clinic for a follow-up. I told him honestly that I had not seen much improvement. Dr. Lim wasn’t surprised. He explained that Rejuran – like PRP – requires four to six treatments for optimal results. Nonetheless, I was invited to take a few ‘after’ images. This way, we could easily scrutinise photos to see if improvements did actually happen.

According to the photos, my face had in fact improved. As you can

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see from the attached images, the crow’s feet decreased while fine lines under my eyes diminished too. While results weren’t particularly discernible, I had only undergone one treatment. If I had followed standardised protocols and undertook the recommended six sessions, I’m sure that outcomes would’ve been fabulous. In truth, and considering Rejuran’s painless processes, I would choose Rejuran over my previous experience with PRP anytime!

*Note: Tester remains anonymous for privacy.*

